

## **ABSTRACT**

The present invention is a novel child-resistant senior-friendly blister card packaging that is cheap and easy to manufacture. The  
5 packaging requires a push-peel-push method for opening, which is cognitively and physically challenging for children and mentally impaired adults. Yet, competent adults can easily open the package, especially after reading instructions. More specifically, opening the package requires the user to: 1) Push through an aperture to  
10 create a pull tab; 2) Pull on the pull tab to remove a panel; and 3) Push the blister to force the contents through the blister's seal. Furthermore, the packaging is designed to be tear resistant and to halt any propagation of a tear. Advantageously, the present invention is designed such that information such as instructions and  
15 product information can be easily printed directly on the packaging. Moreover, users may also record information directly on the packaging. Thus, the present invention not only provides child-resistant and senior-friendly features, but also provides convenience for viewing and recording information.